A **laminate** is a material that can be constructed by uniting two or more layers of material together. The process of creating a laminate is **lamination**, which in common parlance refers to the placing of something between layers of plastic and glueing them with heat and/or pressure, usually with an adhesive. However, in electrical engineering, lamination is a construction technique used to reduce unwanted heating effects due to eddy currents in components, such as the magnetic cores of transformers.

Source

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